



How to **SHINE** Your Talk in Sticky Work Situations?



How to communicate and be assertive when:

- Your boss overloads you with work.
- Your boss often criticizes your work.
- Your work is not recognized. Others take your credit.
- Your coworkers ask for your help in your overloaded schedule.
- Your input is ignored at meetings.
- Your team does not respect your guidance for their projects.

Registration:

<https://forms.gle/XiqvEZ3h9w7SEcno7>

Fee: FREE

Contact:

trainingdept@afcinc.org OR 1-717-288-8823

Date/Time:

US/Canada Time

Thursday, May 11

5pm-6:30pm Pacific, 7pm-8:30pm Central,
8pm-9:30pm Eastern

Asia Time

Friday, May 12 at 8am-9:30am

Speaker: Elaine Kung



- Called To Work Founder/Co-Chair (27 yrs.)
- AT&T Director (33 yrs., retired)
- Board of Director (10 organizations)
- Cornell BS in EE/MSE, Princeton MS in EE
- Executive Ed: Cornell, Columbia, U Penn
- Cornell, Princeton interviewer (23 yrs.)
- Mentor/teacher for children/youth (30 yrs.)
- Happily married (37 yrs.)
- Parent of 2 adult children (35 yrs.)
- Grandparent of 1 granddaughter (1 yr.)



Free Webinar

Thursday

May 11, 2023

5pm-6:30pm

Pacific

7pm Central

8pm Eastern

8am Asia Friday



5-week Course

Thursday

May 18 – June 15

5pm-7pm

Pacific

7pm Central

8pm Eastern

8am Asia Friday

Group rate for
parents/children
in college



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Dates/Time:

US/Canada Time

Thursday, May 18, May 25, June 1, June 8, June 15

5-7pm Pacific, 7-9pm Central, 8-10pm Eastern

Asia Time:

Friday, May 19, May 26, June 2, June 9, June 16

8-10am

SHINE Your Talk

"Arise, SHINE; for your light has come, and the glory of the LORD has risen upon you." Isaiah 60:1

Build up your Confidence and English Communication Skills

Excel in Biblical & Practical Leadership and Workplace Conflict Resolution

Strengthen your Assertiveness and Persuasion in Difficult Conversations

Train on SHINE Communication Tools to Solve Sticky Situations & Job Interviews

Registration:

<https://afctraining.org/shine>

Fee: USD 75

Family group registration (parents with children in college): USD 120

Register before 4/13, early bird discount at 20% off

Register before 5/13, early bird discount at 10% off

- Audience: adults, college students, young adults
- Language: course taught in English, discussion can be in Chinese
- Lecture, small group discussion with peers
- Students can apply for 1on1 with Elaine

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- Your work is not recognized. Others take your credit.
- Your coworkers ask for your help in your overloaded schedule.
- Your input is ignored at meetings.
- Your team does not respect your guidance for their projects.
- You need to draw the line between bragging and presenting your accomplishments during a job interview.
- You need to build trusted relationship with the new manager who was promoted from a peer in the same team.

Speaker: Elaine Kung

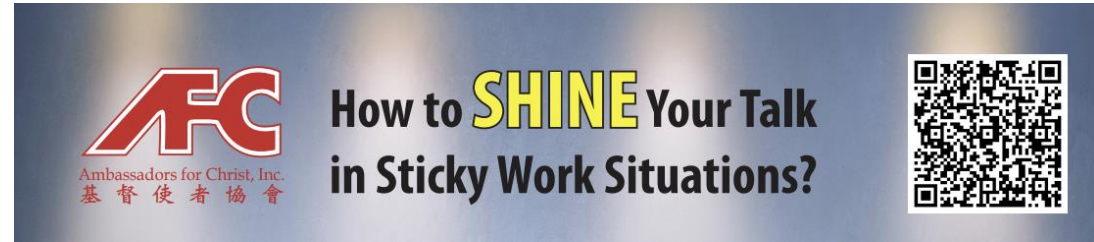
Speaker Bio:

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SHINE
Your Talk

Asia Time: Friday, May 19, May 26, June 2, June 9, June 16, 8am-10am

Language: English; Chinese/English discussions

www.afctraining.org/shine



SHINE Your Talk!

Excelling in Biblical & Practical

Leadership and Workplace Communication

Speak with SINCERE, 8C, REASON, PREPARE to Lead Up, SOAR, 1on1 meeting

Hear, reflect, CLEANS, RELATE with others' diverse input

Inquire with good questions toward solutions, 7B, CRISP, GLOW, STEP

Nurture assertive persuasion in conflict resolution, Non-Violent Communication

Empathy in ABCDE building trusted relationship, Art of 8Q Leadership



SHINE
Your Talk



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SHINE Your Talk!

Excelling in Biblical & Practical Leadership and Workplace Communication



SHINE
Your Talk

NEEDS & BENEFITS: <https://afctraining.org/shine>

- How to practice leadership and influence at work?
- How to build trusted relationship with your managers, your coworkers, your subordinates, your customers?
- How to speak up with confidence, persuasion and earn respect?
- What is the best strategy for conflict resolution and gain agreement?
- How to overcome frustration at work when not being seen, not being heard?
- How to deal with very sticky situations using wise communication tools?

