

**THANK GOD IT'S
MONDAY!**

**How to Respond to
God as we are
Called To Work**



**CALLED to
WORK**

職場使命

孔雷漢卿

Elaine Kung

**AT&T Director (retired), Called To Work Founder/President
Liberty Corner Presbyterian Church Elder**

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Daily Prayer in our Response to God as we are Called To Work



Start Doing

1. Empty chair for Jesus @ work
2. 5 mins prayer before work
3. Prayer partner @ work



Stop Doing

1. Gossip
2. Complain
3. Unbiblical attitude & action



Do More

1. Pray for coworkers, customers
2. Meditate God's word, 5P blessings
3. SELF CARE, manage life/time



Do Less

1. Slack off @ work
2. Overcommit without boundary
3. Workaholic



S.E.L.F. C.A.R.E.

Spiritual maturity (read Bible every day, reflect, meditate, apply, pray continually)

Establish healthy habits (daily/regular gym/exercise, oatmeal, salad, water, tea)

Live today as if it's the last day, live abundant life to the fullest

Fun (family sharing, outing, travel, games, treat yourself well)

Call on others to help, accountability/prayer partners, walk the journey of faith together, share joy and burdens

Attitude matters, appreciate others, positive attitude, resilience

Renew my mind/education/training with intellectual challenges, reading

Everyday is a gift, enjoy it with gratitude



5P BLESSINGS

Experience Abundant Blessings from God

Pleasant Surprises

Daily surprises with God's 5Ps in little things and big things

Provisions

God provides the right people at the right time and place

God's plan is better than ours, beyond our planning

Power

God helps us with the impossible

Love the unlovable, forgive the unforgivable

Promises

God's Word comes alive

Personalize Scripture in daily life

Experience God's will in ups and downs

Presence

Sensitive to Holy Spirit

Spiritual antenna

24x7 like breathing



J.O.Y. @ Work!

Jesus first

Others second

You last

主為先

他為從

你為末

“Be J.O.Y.ful always, pray continually,
give thanks in all circumstances;
for this is God’s will for you in Christ
Jesus.” 1 Thessalonians 5:16-18

常常喜樂

不住禱告

凡事謝恩

靠神 事半功倍 >> 靠人 事倍功半

By God’s grace:
Half the effort
Double the result

By our own ability:
Double the effort
Half the result

5-Minute Prayer Before Work



- Thank God for our job.
- Tell God what we need to accomplish.
- Tell God our greatest concern.
- Pray for at least one person—boss, coworker, customer.
- Pray for the fruit of the Spirit (**love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self control** – Galatians 5:22)
- Ask God to build our EQ and use our gifts.
- Surrender our day into God’s hands. Ask God to feed our soul.
- Thank God for His 5P blessings: His Presence, Power, Promises, Provisions, Pleasant surprises.

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工作前5分钟祷告



- 為我們的工作感謝神。
- 告訴神我們需要完成什麼。
- 告訴 神我們最關心的。
- 至少為一個人祈禱--老闆、同事、顧客。
- 為聖靈的果子禱告(仁愛、喜樂、和平、忍耐、恩慈、良善、信實、溫柔、節制。加拉太書 5:22-23)
- 求 神建立我們的情商, 並使用我們的恩賜。
- 把我們的日子交到 神的手中。求 神餵養我們的靈魂。
- 感謝 神給他的 5P 祝福: 神的同在, 力量, 應許, 供應, 驚喜。

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